## JEROME ROWLEY, DTM D103 PREFERRED TRAINER



Jerome Rowley is a Distinguished Toastmaster who by profession is a project manager currently working at Amazon. He has served Toastmasters District 30, and then one of its "spinoff" Districts, District 103, as an Area Director as well as a Division Director. At WAO Toastmasters, his home club, he has had several club officer positions, including VP Education, and VP Public Relations. He became a Preferred Trainer for District 103 last year, and is using the opportunity to present a workshop during the upcoming D103 Annual Conference.

## Educational Workshop Session The Big 5 Personality Traits Overview

Jerome Rowley became interested in the psychology of personality traits for personal reasons. By seeing how powerful the Big 5 Personality Trait System is, Jerome saw its immediate applicability to several topics covered in the Pathways educational program developed by Toastmasters International. The Big 5 Personality Trait System applies to Understanding Your Leadership Style and Understanding Your Negotiating Style. He has done a workshop relating to both these topics introducing the Big 5 Personality Trait system to members of his home club, WAO Toastmasters. If you are familiar with the Myers-Briggs personality trait system; you can consider this an updated and more scientifically accurate system that was first developed in the 1990s and has become more well-known during the past two decades.

In this workshop, you will take a self-assessment test based on the Big 5 Personality Trait system, and you will find out how to use this information for better self-knowledge (your leadership style) and better interpersonal relations (your negotiating style). You will be given information at the end of the presentation on how to take a more in-depth personality assessment test if you want to pursue this model further.

